

Katharine LEPPARD, MD

BEGINNING HER CAREER caring for patients as a physical therapist in the 1980s, Dr. Leppard received her medical degree at Wayne State University in Detroit Michigan. She completed her residency in Physical Medicine and Rehabilitation at the University of Michigan Hospital in Ann Arbor Michigan. She was chief resident her senior year. Dr. Leppard is board certified in Physical Medicine and Rehabilitation and Neuromuscular Medicine, she is also certified in Electrodiagnostic Medicine.

Dr. Leppard specializes in EMG (electromyography) and nerve conduction studies. This is a test performed to evaluate numbness, tingling, pain, and weakness in the arms and legs. It is used to diagnose conditions such as carpal tunnel, cubital tunnel, peripheral neuropathy, radiculopathy, sciatica and muscle diseases.

The EMG test has two components. The first portion of the test are the nerve conduction studies. An electrical signal is applied to a nerve to see how quickly and how well each individual nerve carries the electric signal. The second portion of the test is electromyography, where a small wire is inserted into strategic muscles to look at the electrical signal in the muscle.

The EMG test can be uncomfortable. Dr. Leppard strives to make this test as comfortable as possible while arriving at an accurate diagnosis.

“Helping patients with diagnostic challenges is the most rewarding part of my job.”

Dr. Leppard has had the privilege of practicing medicine in Colorado Springs for over 25 years. She enjoys a busy solo practice. Dr. Leppard sees every patient herself, she does not have a nurse practitioner or physician assistant.

She is honored to be selected as one of Colorado Springs top doctors for the seventh year in a row.



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