

## KATHARINE LEPPARD, M.D.



→ MEDICAL REHABILITATION SPECIALISTS

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**Dr. Leppard** began her career caring for patients as a physical therapist in the 1980s. She came to the conclusion that she wanted to be a physician, and attended medical school at Wayne State University in Detroit Michigan, graduating with honors. She completed her medical residency training in Physical Medicine and Rehabilitation at the University of Michigan Hospital, where she was selected to be chief resident during her senior year. Dr. Leppard has had the privilege of practicing medicine in Colorado Springs since 1996. She has been selected as one of Colorado Springs top doctors for the third consecutive year.

She is board certified in Physical Medicine and Rehabilitation, Electrodiagnostic Medicine and Neuromuscular Medicine - three medical specialties that most people have never heard of. Dr. Leppard's practice has an emphasis on diagnosis of peripheral nerve injuries, and in the diagnosis and treatment of nonsurgical spine and musculoskeletal injuries.

She specializes in EMG (electromyography) testing for peripheral nerve and muscle issues. This test is performed to evaluate numbness, pain and weakness in the upper and lower extremities. It is used to diagnose conditions such as carpal tunnel, cubital tunnel, peripheral neuropathy, sciatica, radiculopathy and muscle diseases. The EMG test includes nerve conduction studies, where an electrical signal is applied to a nerve to see how quickly, and how well, each individual nerve carries the electrical signal. The second portion of the test is electromyography, where a small wire is inserted into strategic muscles to look at the electrical signal in the muscles. The EMG test can be uncomfortable, and she strives to make the test as comfortable as possible while arriving at an accurate diagnosis.

"Helping patients with diagnostic challenges is the most rewarding part of my job."

Dr. Leppard is honored to be selected as one of Colorado Springs top doctors for 2015.

**TOP DOCTORS**  
2015  
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