

KATHARINE LEPPARD, M.D.

MEDICAL REHABILITATION
SPECIALISTS

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DR. LEPPARD started her career in patient care as a physical therapist in the 1980's. She enjoyed the hands-on approach to caring for patients. Deciding that she wanted to be a physician, Dr. Leppard returned to school and received her medical degree from Wayne State University in Detroit Michigan. While in medical school, she enjoyed rotating among different medical specialties during her training, however she was always drawn to the musculoskeletal and neurologic conditions. She completed a residency in Physical Medicine and Rehabilitation at the University of Michigan in Ann Arbor Michigan, she was chief resident her senior year. Dr. Leppard has been practicing medicine in Colorado Springs since 1996. She worked on the rehab unit at Penrose Hospital for a year when she first came to town, and is now in a busy solo practice.

Physical Medicine and Rehabilitation is a specialty of medicine that has two portions. The rehabilitation portion is the easy one to understand, patients who are in the hospital on rehab units with conditions such as a stroke or spinal cord injury are treated by rehab doctors. The physical medicine side of the practice is harder to describe, this part of the specialty focuses on musculoskeletal issues such as nonsurgical back pain and musculoskeletal injuries, as well as peripheral nerve testing via EMG studies

Dr. Leppard specializes in EMG (Electromyography) nerve testing. With this test she diagnoses conditions such as carpal tunnel syndrome, cubital tunnel syndrome, peripheral neuropathy, cervical and lumbar radiculopathies. Proper diagnosis is critical for proper treatment.

"Helping patients with diagnostic challenges is the most rewarding part of my job."

She is board certified in Physical Medicine and Rehabilitation, Neuromuscular Medicine and Electrodiagnostic Medicine.

Dr. Leppard is honored to be included in the 2014 top doc award recipients.

