

# KATHARINE LEPPARD, M.D.

MEDICAL REHABILITATION  
SPECIALISTS

3470 Centennial Blvd, Ste 110,  
Colorado Springs, CO 80907

>>> (719) 575-1800, [medical-rehab.com](http://medical-rehab.com)

Beginning her career caring for patients as a physical therapist in the 1980's, Dr. Leppard received her medical degree at Wayne State University in Detroit Michigan. She completed her residency in Physical Medicine and Rehabilitation at the University of Michigan Hospital in Ann Arbor Michigan. She was chief resident her senior year. Dr. Leppard is board-certified in Physical Medicine and Rehabilitation and Neuromuscular Medicine, she is also certified in Electrodiagnostic Medicine.

Dr. Leppard specializes in EMG (electromyography) nerve testing. This is a test performed to evaluate numbness, tingling, pain, weakness in the arms and legs. It is used to diagnose conditions such as carpal tunnel, cubital tunnel, peripheral neuropathy, radiculopathy, sciatica and muscle diseases. The EMG test has two components. The first part are the nerve conduction studies. An electrical signal is applied to the nerve to see how quickly and how well each individual nerve carries the electrical signal. The second portion of the test is electromyography, where a small wire is inserted into strategic muscles to look at the electrical signal in the muscle. The EMG test can be uncomfortable, and Dr. Leppard strives to make the test as comfortable as possible while arriving at an accurate diagnosis. Proper diagnosis is critical for proper treatment.

"Helping patients with diagnostic challenges is the most rewarding part of my job."

She enjoys a busy solo practice in Colorado Springs. Dr. Leppard sees every patient, she does not have a physician assistant or nurse practitioner. In 2015 it was estimated that only 17% of physicians were in solo practices. This number is anticipated to fall even further given the increasing pressures placed on physicians such as insurance issues and electronic record requirements.

Dr. Leppard has had the privilege of practicing medicine in Colorado Springs since 1996. She is honored to be selected as one of Colorado Springs top doctors for the fourth year in a row.

TOP DOCTORS

