



KATHARINE LEPPARD, M.D.

MEDICAL REHABILITATION SPECIALISTS
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Dr. Katharine Leppard began her career caring for patients as a physical therapist. She came to the conclusion that she wanted to be a physician, and attended medical school at Wayne State University, graduating with honors. She completed her medical residency training in Physical Medicine and Rehabilitation at the University of Michigan Hospital, where she was selected to be chief resident her senior year. She has pursued additional training and certification, and has built a busy solo practice. Dr. Leppard's emphasis is on electrodiagnostics and non-surgical treatment of musculoskeletal, spine and peripheral nerve problems.

"Being able to help people is an incredible privilege, I feel blessed and lucky" says Dr. Leppard.

She is board certified in Physical Medicine and Rehabilitation, Electrodiagnostic Medicine and Neuromuscular Medicine – three specialties that most people have never heard of. Dr. Leppard specializes in EMG (electromyography) testing for peripheral nerve and muscle issues. "This test is used to evaluate numbness, pain and weakness. It can diagnose carpal tunnel, peripheral neuropathy, muscle diseases, radiculopathy and sciatica to name a few conditions."

What is an EMG? The EMG test has two components. The first part consists of nerve conduction studies which tests how quickly, and how well, an individual nerve carries an electric signal. The second portion of the test is electromyography, where a small wire with a microphone on the tip is inserted into strategic muscles to look at the electrical signal. Different conditions or diseases have different electrical patterns. The EMG test can be uncomfortable, and she strives to make the test as comfortable as possible while arriving at an accurate diagnosis.

Dr. Leppard has had the privilege of practicing medicine in Colorado Springs since 1996. She is honored to be selected as one of Colorado Springs top doctors.